

2019 October

October is National Apple Month

B //	0	AI	AN	Ī
M		M		ſ

UESDAY

WEDNESDAY

THURSDAY

FRIDAY



Lucky Tray Day 1-Hot Pretzel w/Cheese

- Sauce 2-Chili Mac 3-Turkey & Cheese Sand
- 4- Sunbutter & Jelly Sand Sliced Carrots Red Pepper Strips Diced Pears
- 2
 - 1-Cheese Pizza 2- Hot Dog
- 3-Ham & Cheese Sand 4- Chicken Caesar Salad w/Dinner Roll Green Beans Fresh Zucchini

Diced Peaches

- 3 1-Bosco Sticks w/Marinara Sauce
 - 2-Chicken Nuggets w/Dinner Roll
- 3-Turkey & Cheese Sand 4- Sunbutter & Jelly Sand Kickin' Pinto Beans Celery Sticks

Applesauce

- 4 1-Cheese Pizza 2- Fish Sticks w/Mac Veg Salad 3-Ranch Chicken Wrap 4- Popcorn Chicken Salad w/Dinner Roll Steamed Broccoli Fresh Baby Carrots
- All menus meet or exceed current **USDA** or statespecific Dietary **Guidelines for the** Healthy, Hunger-Free Kids Act.

Offered Daily:

Fresh Fruit or

vegetables.

Milk Served

Daily

Skim Chocolate

Skim White

1% White

Milk

A la carte: \$.50

7 1- Chicken Taco w/Pineapple Salsa 2-Meatball Sub

3-Ham & Cheese Sand 4- Ham/Turkey Chef Salad w/Dinner Roll

> Corn Fresh Broccoli Mixed Fruit

8

1-Diced Chicken Nachos 2- Chicken Nuggets

w/Dinner Roll 3- Turkey & Cheese Sand 4- Sunbutter & Jelly Sand

Peas Red Pepper Strips Diced Pears

1-Cheese Pizza 2- Macaroni & Cheese

3-Ham & Cheese Sand 4- Chicken Caesar Salad

w/Dinner Roll Swt Potato Fries Fresh Zucchini Diced Peaches

10_{Lucky Tray Day}

1-Turkey with Gravy 2- Chicken Taco w/Pineapple Salsa

3-Turkey & Cheese Sand 4- Sunbutter & Jelly Sand Mashed Potatoes Celery Sticks

Applesauce

Early

No Service

14

Columbus Day

No School

15Lucky Tray Day 1-Bosco Sticks w/Marinara

Sauce 2-Popcorn Chicken w/Dinner Roll

3-Turkey & Cheese Sand 4- Sunbutter & Jelly Sand Green Beans Red Pepper Strips Diced Pears

16

1-Cheese Pizza 2-Hot Dog 3-Ham & Cheese Sand 4-Chicken Caesar Salad

w/Dinner Roll Glazed Carrots Fresh Zucchini Diced Peaches

23 - Cheese Ravioli

w/Marinara Sauce

Bread Stick

2-BBQ Riblet* Sandwich

3-Tuna Salad Sandwich

4- Chicken Caesar Salad

w/Dinner Roll

Sweet Potatoes

Fresh Zucchini

Diced Peaches

17 1 French Toast Sticks w/Syrup

Chicken Sausage Patty 2-Chicken Patty Sandwich 3-Turkey & Cheese Sand

4- Sunbutter & Jelly Sand Baked Beans Celery Sticks Applesauce

24Lucky Tray Day 1-Thai Chicken Strips

Rice 2-Chicken Nuggets w/Dinner Roll

3-Turkey & Cheese Sand 4- Sunbutter & Jelly Sand

French Fries Celery Sticks Applesauce

Diced Peaches 11

Dismissal

181-Cheese Pizza -Toasted Cheese Sandwich Tomato Soup

3-Ranch Chicken Wrap 4-Turkey Chef Salad w/Dinner Roll Corn Fresh Baby Carrots

Diced Peaches

25₁-Cheese Pizza 2- Fish Sticks w/Mac Veg Salad 3-Ham, Turkey & Cheese

4- Popcorn Chicken Salad w/Dinner Roll Steamed Broccoli Fresh Baby Carrots Diced Peaches

Sand

Student Lunch: \$3.20

Adult Lunch: \$3.60

Our Pizzas are Tony's "SMART" pizza – 25% lower in fat with whole grain crust

> WG - Whole Grain

Romaine Salads served with Ranch Dressing

Items listed with a red * may contain Pork



w/Dinner Roll 3-Ham & Cheese Sand 4- Ham/Turkey Chef Salad w/Dinner Roll Peas

21 I-Cheeseburger on a Bun

2-Chicken Nuggets

Fresh Broccoli Mixed Fruit

28_{Meatloaf w/Gravy} Dinner roll 2-Corn Dog

3-Ham & Cheese Sand 4- Ham/Turkey Chef Salad w/Dinner Roll Mashed Potatoes Fresh Broccoli Mixed Fruit

22

2-BBQ Chicken Sandwich 3- Turkey & Cheese Sand 4- Sunbutter & Jelly Sand

1-Cheese Pizza

Tater Tots Red Pepper Strips Diced Pears

29

1 French Toast Sticks w/Syrup

2- Cheeseburger on a Bun

3-Turkey & Cheese Sand 4- Sunbutter & Jelly Sand Green Beans Red Pepper Strips Diced Pears

30Lucky Tray Day

-Orange Popcorn Chicken w/Lomein

2-Chicken Patty Sandwich 3-Ham & Cheese Sand 4- Chicken Caesar Salad

w/Dinner Roll Sliced Carrots Fresh Zucchini Diced Peaches

31

Early Dismissal

No Service



Concord Elementary School

EAT A VARIETY OF FRUITS & VEGETABLES EVERY DAY Part time positions open

If you are interested in working part time during the school year please log into www.aramark.com and open the career; tab to review available positions in Cass or call Nichole at 630-964-0267.



Menus are subject to change without notice.

This institution is an equal opportunity provider.